

The Western Sun



News from the Western Region of the American Association for Nude Recreation

January 2021

Vol 5 No 01



Photo above is of the traditional Polar Bare plunge at Olive Dell Ranch on New Year's Day. Seven members jumped into 45-degree water at 1 pm and swam across the pool. For the record, the air temperature was 65 F. Afterwards they enjoyed a warm thaw in the Jacuzzi. By press time, we did not hear from any other clubs who may have also held their own a polar bear plunge

Region News

Annual Member Survey – Time to Hear What You Think

By Gary Mussell, AANR-West President

At the start of every year, we give you the opportunity to let your Board of Directors know how AANR and AANR-West are doing.

Member Survey

This is your chance to tell us what we are doing right, what you would like to see changed, what are your ideas for new events, along with any other thoughts or concerns.

To that end, we have included a 2-page Member Survey with this newsletter mailing that we would appreciate you taking a few minutes to fill out, and mail back to us.

The same survey may be downloaded from our website at www.aanrwest.org/newsletters/survey2021.pdf.

Please try to complete the survey by the end of January so we can incorporate your ideas into our 2021 planning.

Please return your completed survey either as an email attachment to information@aanrwest.org or by printing and mailing it to:

AANR-West Member Survey
23670 Calabasas Road #966
Calabasas, CA 91302





Online Performances of Popular Nudist Play “Disrobed” Set for January 15-16-17

If you missed the run of this highly rated naturist play during the Fringe Festival in the summer of 2019, or if you just want to see it again, here’s your chance!

The writer who adapted the original play for the stage, Steven Vlasek, collaborated with a USC film student, Troy Peterson, to rewrite and adapt the plot to now take place as a Zoom meeting.

For those unaware of the plot, it concerns a young recently engaged couple, Eric and Skye, who are going to meet with her family for the first time. Skye has not yet revealed to Eric that she and the rest of her family are nudists. The hilarity and pathos ensue from there. The performance runs about 55 minutes.

Surviving quarantine has forced people to take a variety of measures online to socialize. Surprisingly, it turns out, that even includes nudists (nudists!). More home time has led to more nude time with some naturist organizations reporting an increase in membership through events hosted on virtual platforms.

Hollywood-based director/writer/actor Troy Peterson noticed this trend. As a subscriber to naturist ideals himself, he reasoned "If you don't need to put on pants to work from home, then why put on pants to put on a show?" Thus "Disrobed - The Virtual Event" was born, based on the goofy and irreverent stage comedy "Disrobed: Why So Clothes-Minded?", a breakout hit from 2019's Hollywood Fringe Theatre Festival. AANR-West subsidized this show a year ago when it was live on stage.

Notorious for not only featuring an entirely naked cast, but for requiring audiences to attend the show nude as well, "Disrobed" has now been adapted as a unique film/theatre hybrid performance for three shows only, streaming on **January 15, 16, and 17.**

Tickets are available at <http://www.disrobed2021.com/> Tickets are \$10 per device.

ClothesFree International has devoted its Jan 1 and Jan 8 shows #373 and #374 to interviewing the cast and production team at www.clothesfree.com.

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Calabasas, CA 91302
Website: www.aanrwest.org
Contact: Information@aanrwest.org

In Memoriam

Mary Anne Hughes

Feb 10, 1943 – December 22, 2020

A beloved member of the Olympian Club has passed away at her home in Corona California, just 3 days before Christmas. Mary Anne Hughes, age 77, was recovering from surgery she had in November to repair extensive damage from radiation treatment that destroyed her jaw when she had throat cancer many years previously. She also suffered from heart problems. No autopsy was performed so a definitive cause of death is not known.



Mary Anne was an integral and core member of the Olympian Club. She served over the years in many capacities on the executive board and as a general board member. She was editor of *Notes* (the club newsletter) for many years and her creative talents were highly recognized by those in the nudist world. Her home was always available to house parties, meetings, and club events. Her contribution to the club and support to the nudist world will be greatly missed.

Get Well, Curt!



On December 31 we received an email from AANR-West Board member Curt Flynn as follows: “Sorry, I’ve been sick with COVID-19 for two weeks and in the hospital last week. I’m rebuilding my strength now and in quarantine with Barbara at Glen Eden for the next 14 days. I have no idea how I got it because I thought I was being extra careful.”

Get Well, Ricc!



Meanwhile, Ricc Bieber, past member of the AANR-West Board and longtime nudist activist, is recovering from COVID-19, which he caught despite, he says, “being extremely careful.”

Ricc says his own symptoms are mild so far, like a bad cold with headache, very tired, shortness of breath. Ricc told us he had a headache the weekend of December 19, so he and his wife drove together to get tested near their home in the San Fernando Valley. His wife tested negative, but both are isolated in different bedrooms for the duration.

Ricc believes his brother-in-law, who lives with them, brought the bug in with him after he had been out and about shopping and then tested positive the week before.

We remind everyone to be more than extra careful as this “third wave” of sickness rolls through the country!

AANR-West Academic/Vocational Scholarships Available

After various discussions concerning the annual scholarships, the AANR-West Board came to an agreement that we would provide one merit based scholarship in 2021 in the amount of \$1,250.00. There will, however, be a few differences this year.

First, only students graduating from high school during the 2020/21 academic year can apply.



Second, the student must indicate that they have been accepted for vocational education at a regionally accredited vocational college, or at regionally accredited community college or university. Proof of acceptance will be required.

Third, we are no longer requiring letters of support from parents or other advocates of the student.

Fourth, the applicant must clearly establish that they are a member of a nudist family, members of AANR-West and fully participate in the nudist way of life.

Fifth, the student must provide a copy of their most recent high school transcripts indicating an overall Grade Point Average of 2.9 (on a four-point scale).

Sixth, the student must (and this is important) prepare a letter in which they describe their (1) learning experience in high school, including a commentary on the classes that they felt were most beneficial to their overall learning experience. (2) The letter must also demonstrate a clear indication that the student is capable of both critical and analytical thinking, self-evaluation, the ability to construct a train of thought, as well as demonstrate a command of English grammar and syntax. (3) The letter must also include the student's view of what lies next for them in their lifelong learning experience.

Finally, the letter must be typewritten (word processed), in 12-point type with 1-inch margins and double spaced.

The deadline for receipt of all material is June 1, 2021 with a subject line of "AANR-West Scholarship." A completed application consists of the most current high school transcripts and the letter described above. Incomplete applications will not be considered; thus, it would be best to send all of the required material in the same email. The committee will review the applications and respond no later than June 10, 2021. All material must be sent via email to Larry.Gould@nau.edu. Visit the Scholarship web page at www.aanrwest.org/our-region/scholarship.

The AANR West Monthly Blog

Reasons to Visit the Nearest Nudist Resort

Let's start by stating that you made the decision to explore nudism and would like to move from reflection to action. The best decision to make now is to go to the nearest nudist club or resort. You may feel anxious about it. This may be the first-time other people...

[Read more...](#)

[READ ALL BLOGS](#)



AANR-West Introduces Blog Web Page for Member's Stories

In October, AANR-West launched a Blog on our website. At present we are adding a new article on the first day of each month until we have enough articles to add them more often. We are looking for contributions from members.

The articles must be about nudist activities and each will be edited by a professional copy editor. We are looking to have a wide range of articles including but not limited to first experiences, funny experiences, informational experiences, special places that you have visited, travels to nudist resorts, clothing optional beaches or other clothing optional places.

The articles should focus on promoting naturist activities, as well as creating a feel for people not familiar with the nudist lifestyle as to what naturism is about.

Send your contribution as an attachment to email to information@aanrwest.org. To view the Blog, go to the www.aanrwest.org home page (see above) to find the link.

Government Affairs

By Gary Mussell, AANR-West GAT Chair

One of the primary reasons to belong to AANR (besides having fun) is to support our work that protects our right to be nude through legislation and the courts and, where possible, to expand social nude recreation opportunities. In January most of the legislatures in our 8 western states are back in session so we are on guard. So far the only bill of interest is:

California 2021 SB 53. This bill would make it a crime for a person to knowingly send an unsolicited image by electronic means depicting any person engaging in an act of sexual intercourse, sodomy, oral copulation, sexual penetration, or masturbation or **depicting the exposed genitals or anus of any person.** The bill would make the crime punishable as an infraction by a fine of \$500 for a first offense and \$1,000 for a 2nd or subsequent offense.

We are opposed to the bill in its current form as it directly affects our nudist web sites, publications, and sharing of images between members. We hope to amend it before it gets to a committee hearing. Its legislative summary also misstates CA state law (section 314-318.6) as the current law requires lewd intent. This bill's summary states that is no longer required for enforcement.

New AANR-West Passports Will Be Shipped in February

Starting in February 2021, AANR-West members and non-members can purchase a new Passport for use during the following 17 months (through July 1, 2022). Clubs can order passports in blocks of 5 books at no charge. (Some clubs may choose to charge their members a small fee) or else Passports may be purchased directly from the www.aanrwest.com website for \$10 each (plus \$3.50 shipping).



The Nudist Passport is designed to encourage visits to multiple nudist parks and non-landed clubs throughout AANR-West.

Bring your Passport with you when checking in for your visit. The club check-in person will stamp/mark your Passport.

Visit as many different clubs as possible before the July 1, 2022 deadline!

Mail the back tear-out pages in the back of the book to us to be entered into the drawing at the 2022 Regional Convention (prizes include merchandise & stays at various locations).

The number of raffle tickets you receive is equal to the number of different clubs you visited during the contest period. **The more locations you visit the more chances you have to win.**

GPS T-Shirts Available in February

Also beginning in February, AANR-West members can purchase one of our new “GPS” T-shirts, which list the latitude and longitude of each of the nudist parks/resorts in the region without naming them. It is designed to be a conversation starter when out in public, such as when shopping at a store, as people are curious to ask what it is all about. This gives the wearer the opportunity to start a conversation about nude recreation parks.

Prices will be in the \$20-30 range depending on size and shipping.

The shirt can be purchased directly through the AANR-West website, but it will also be available through the 2021 Passport book program. (The passports will contain an insert flyer with information about the shirts).

The entire front and back will be printed in a light blue which includes the logo with website on the front and GPS coordinates and QR code on the back.



The design for the new AANR-West GPS Shirt.

You Can Now Advertise in this Western Sun Monthly Newsletter!

AANR-West is now accepting paid advertising in this monthly newsletter and on its web site.

Ads will be accepted for products that fit the organization’s mission statement to promote a healthy acceptance of the human body in all of its forms through the promotion of social nudity. This will include ads for useful merchandise such as towels, lotions, beach equipment, and physical activity such as yoga and exercise. We cannot accept ads for sexual products and activities such as alternate lifestyle clubs or lifestyle merchandise.

Ads can be either “business card size (2 inches by 3.5 inches) or double business card size. They can be purchased month to month or at a slight discount for six months or a year at a time. Personal ads will be accepted on a month to month basis of 25 words or less. Ads may contain images, but all ads must be received as “photo ready.”

For more information and to download a contract form, contact information@aanrwest.org. Rates are as follows:

Western Sun Rates Effective 01/01/2022:

	Business Ad Sizes:	
Frequency:	2” h x 3.5” w	4” h x 3.5” w
1 time only	\$ 55 ea.	\$ 75 ea.
6 times	\$240 (\$40/mo)	\$400 (\$67/mo)
12 times (annual)	\$400 (\$34/mo)	\$750 (\$63/mo)
Personal Ads		
Per Mo. Only	\$25 one time	30-word limit

Upcoming Glen Eden Promotional Activities:

UKULELE JAM

Saturday
at 11 AM
via Zoom

Zoom ID#
873 4003 1681
Passcode
Ukulele

Yoga at 9 AM Monday-Friday via Zoom

Contact GlenEdenYoga@gmail.com for Zoom ID#

AANR-West and TreeSpirit Project Agree on Fundraising Proposal



Last month, AANR-West and the TreeSpirit Project agreed on a joint Fundraising Project. Many of you may be familiar with Jack Gescheidt's collection of fine art photographs of naked, tenderly vulnerable humans communing with trees and forests — dramatizing our interdependence with them and all of the natural world.

To choose the print(s) or poster(s) of your choice, view the TreeSpirit gallery: www.TreeSpiritProject.com/gallery

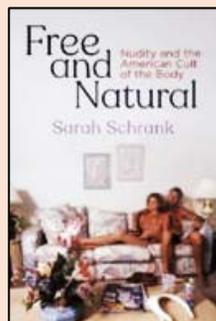
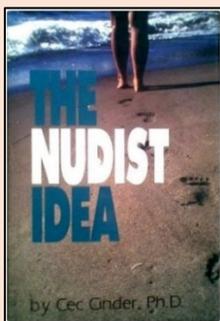
POSTERS: AANR-West members can purchase one or more of three different TreeSpirit art posters: "Tea Tree Tangle." "Last Stand," and "In the Land of the Ancients" for \$25 each, or 2 for \$45, or all 3 for \$55.

If you didn't get one of these amazing prints for Christmas, order one for yourself!

Other custom sizes from 11x14" to 40x60" are all 50% off their retail prices, on 3 choices of substrates: 1) canvas; 2) 100% cotton archival photographic paper or; 3) contemporary aluminum alloy sheets.

To order, email your choice and a full name and mailing address to AANR-West at information@aanrwest.org. We will coordinate with Jack to confirm details (production and mailing costs, etc.) For custom sizes or materials, allow 2-3 weeks delivery time.

TWO BOOKS THAT BELONG ON EVERY NUDIST'S BOOKSHELF!



Available Through Our Online Book Club.
Email us at information@aanrwest.org for more information.

Billie Eilish Loses 100,000 Instagram Followers for Posting Drawing of Breasts

After noticing the drop in followers, the pop star responded: "LMFAOOO y'all babies smh"

December 29, 2020 - It's not often that you lose followers for participating in a social media challenge, but that's what just happened to Billie Eilish. The Grammy winner lost 100,000 followers on Instagram after she posted a drawing she made of some women's breasts.

The 19-year-old Eilish was participating in the viral "Post a Picture Of" Instagram challenge, in which users put a question box in their story where their followers can tell them what to post pictures of. As Cosmopolitan noted, Eilish answered one prompt by posting a picture of her lock screen, and then followed another prompt by posting "a drawing you're really proud of".



For the latter, Eilish shared a notebook page full of doodles of nude female bodies that she says she drew. "These probably lol I love boobs" wrote Eilish in the caption. The drawing may have violated Instagram's byzantine terms of service for nudity, but nothing about it should have been controversial. Women have bodies. Eilish drew some. Apparently, she's proud of the drawing. That should have been the end of that.

However, one eagle-eyed sleuth quickly realized that in the half hour since she first shared the photo, Eilish had rapidly lost 100k Instagram followers.

Once the "Therefore I Am" singer noticed the fan's post regarding the follower drop, Eilish screen capped it and responded to it in her story. "LMFAOOO y'all babies smh", Eilish wrote in reaction to her sudden dip.



There's no way to prove that the drawing was the sole source of this, but since there's been a long line of sexist non-controversies surrounding Eilish's body and the way she chooses to present herself, it seems likely that some of her followers were uncomfortable with her embracing femininity online.

If there are grown adults who are squeamish at the site of platonic nudity, then, as Eilish said, "ya'll babies smh".

Nude Model Swims with Sharks for Photo Shoot and to Prove a Point

December 7, 2020 - Former *Playboy* model Marisa Papen went diving last month off the coast of Hawaii in the buff, alongside a few sharks with no cage or anything between them.

Papen is quoted in several social media sites reporting on her daring photo shoot that she wanted to "challenge the taboos surrounding sharks as well as nudity."

"It was one of the most peaceful experiences of my life being with the sharks," she told Real Press. "Being in their presence, I felt complete serenity. People ask me if I was scared, but actually, I was not scared at all.

"The message is all about breaking stigmas and taboos, nudity is seen as bad in our society, and so are sharks," she said.

"Over the years, sharks have gained a bad reputation because of the film industry. I wanted to challenge viewers by looking at these magnificent creatures with a different eye."

Other images she has taken around the world are available at her website: <https://www.marisapapen.com/>



What It's Like Being A Nudist in Singapore, Where It's Illegal

A December 12 article in the online magazine *Mothership* is raising quite an Internet stir in Singapore, since public nudity is not only banned in that city-state, but so is nudity within one's own home if non-family members are present or, if alone, you are exposed to public view (such as near a window where someone might see in).

The blog interviews two singles, one man and one woman, who until this interview had only met online. Apparently, there is a growing underground nudist community here that is extra careful never to reveal their names or even their faces when communicating. All photo exchanges are headless because of the heavy fines possible if the nudist can be identified. Nobody uses their correct name, occupation or even age when online for self-protection.

Nevertheless, the article reveals some Singaporeans have started to hold house parties with online friends they can trust to remain discreet. The two people interviewed said "it's a bit weird because it's with people you've never met before, but once you are there, it feels like it's really not that bad."

Sadly, there remains the fear of telling outside friends and being severely judged by them, or worse, being turned in to the police.

What the Singapore nudists have discovered is that there is a very active nudist community in Thailand with several resorts available for special events, so the Singapore nudists just fly there to meet and enjoy meeting up for real.

The article was quickly condemned by Singapore authorities who are now searching out who these two people may be.

A screenshot of a Daily Mail article. The headline reads: "A modern day Lady Godiva! Woman cycles around London wearing nothing but glitter boobs and a nude thong to raise money for mental health charities after losing her cousin to suicide". The byline is "By Laren Tayyip and Hayley Richardson For Mailonline" and the date is "12:31 03 Dec 2020, updated 12:31 03 Dec 2020". Below the text are four small images showing a woman cycling nude in London, wearing a bikini top and a thong, with a banner on her bicycle that says "PERCY".

How Three Clubs Spread Community Goodwill and Cheer for the Holidays

Laguna del Sol Raised Funds for Local Veteran Charities

By Don Hubbard, AANR-West Board member

December 6 - Once again I want to thank this awesome Laguna del Sol community! Even with all the closures here and all the canceled events we raised enough to donate to four charities. The volunteer group *Services for the Vets* was thrilled with the \$760-worth of sweats, caps, gloves, socks and toiletries. Both children's gift programs got \$1500 and one told me they have 400 children in need this year. The last children's program got \$400.

I am so proud of our Laguna family and want to take this opportunity to say thank you for all the support we give each other and our local community. You all make chairing this fundraiser a joy.



Glen Eden Hosts a Special "Adopt a Family" Thanksgiving

Reprinted with permission from Sidelights, the GE newsletter.

By Cindy Savage, Sidelights Editor

Holidays are always special at GE and, despite COVID-19 and a curtailment of more formal entertainment, this Thanksgiving was no exception.

Our wonderful cafe staff, Kaycee, Manny and Ted, with assistance from Heather and Art, provided over 130 turkey dinners with all the fixings!!!! Superb as ever.

An interesting twist this year was the anonymous donation of all Thanksgiving meals by one of our members. It's been a difficult year for us all and the hope expressed was that this would be symbolic of the goodness and generosity in our community. What better time than Thanksgiving for celebration of the bounty that we have. What wasn't anticipated in this gesture was the 'pay-it-forward' effect that this would generate. Heather reports:

"As people came to pay and found out the generosity of their meal gift, they'd ask what to do with the money they held in their hand. Well, it wasn't planned, but the GE adopted family box was right there and I suggested if they wanted to pay it forward, they could add to that fund! Well, at the end of the day there was \$500 in there! It goes to show one act of kindness goes further than that one act."



GE Adopts Local Family for Christmas Cheer

Reprinted with permission from Sidelights, the GE newsletter.

By Cheryl L.

Glen Eden adopted a local Horsethief Canyon family for Christmas. They are a single mom and her three children, one six-year-old boy, and two girls, one is seven and one is eight. GE members were asked to bring donations of new unopened items, gift cards, or cash to the office or to the Sunshine Café before December 6 for they could be donated before the holiday.

By December 7th, we had collected \$1,600.00 in cash, \$300.00 in Gift Cards, four large boxes of toys and special items for Mom, plus a 48-inch screen TV and a DVR. On Tuesday December 8th, Lia G. & Cheryl L. delivered the gifts to the school that would deliver them to the family. They were surprised to see so many gifts. A BIG thank-you to everyone that contributed to this joyous outpouring of love for a family in need.

Glen Eden also collected canned goods for a local food bank this year.



Shangri La Pitches in With Food/Cash Drive in Phoenix

This is a repeat of what we reported in our December issue. Members, day visitors and the owners of Shangri La Ranch in Arizona raised \$1,700 for a food/cash drive run by a local radio station. The event runs every year to help St. Vincent de Paul, a national organization that helps to feed, clothe, house, and help the homeless and underserved members of the community. In response to the large donation, a morning crew from the 102.5 KNIX radio station came out to pick up the donation and to take a tour of the Ranch. Shangri La was featured 5 separate times on the morning show and 2 songs/jingles were written about them.



Clubs Find Creative Ways to Overcome COVID-19 Shutdown

This “third wave” of COVID-19 pandemic infections hit the United States just in time to stifle most of our holiday plans. Still, many of the clubs found creative ways to engage their members in celebration. Below is a roundup from our 38 clubs in the Western Region, based upon their emails to us and a review of their web sites.

ARIZONA

• BUFF-A-TEERS (TUCSON)

Tucson’s Buff-A-Teers hosted one clothing optional outing event last month on December 20 at The Desert Sanctuary where they held a gift exchange.

There are no plans yet for January 2021 and beyond.

For more information about the Tucson Buff-A-Teers club, please send email queries to tucsonbuffateers@gmail.com or call (520) 298-2427. You can also check out the club's activities on Meetup.com under Tucson Clothing Optional Recreation Meetup or on their website at <https://sites.google.com/site/tucsonbuffateers/>.

• MOHAVE SUN CLUB (LAKE HAVASU)

Mohave SUN Club held a “textile chili dinner” on Saturday December 5 with people bringing sides to the London Bridge Park on the channel on the island side. Members wore masks and practiced social distancing. Outdoor games followed by watching the Parade of Christmas boats through the channel after dusk. There was a prize for the best Holiday Hat. To learn of 2021 activities, contact us at: mohavesunclub@gmail.com

• SHANGRI LA (NEW RIVER)

The club’s January 2021 calendar shows they are hosting Friday night Karaoke, Wednesday night Line Dancing, and Monday afternoon stitching classes. For all other information please contact the club at (623) 465-5959.

• MIRA VISTA RESORT (TUCSON)

The park held a New Year’s Eve party on December 31 with the Desert Café and the Mira Vista Lounge open all weekend. The Desert Café offered a special menu for New Year's Eve. The Mira Vista Lounge restricted **occupancy to only guests staying at the resort or residents**. There was music and a champagne toast at midnight. They did not have a DJ and dancing this year.

There are no January 2021 events are posted on their web site.

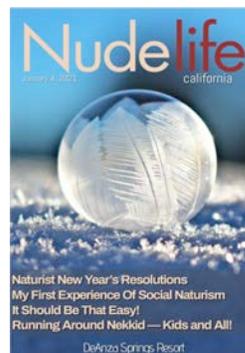
Please contact us if you have any questions, call 520-744-2355 for details.



Mira Vista Staff made the Christmas trees out of pallets and the snowman out of corrugated metal.

CALIFORNIA

• DE ANZA SPRINGS (JACUMBA)



According to Gary Holden, the De Anza Springs Activities & Marketing Director, the club has had to cancel all activities for the month of January because of stricter COVID-19 guidelines imposed by San Diego County.

Their excellent magazine is available on their club website at: www.deanzasprings.com/

“So now we have made it to 2021. Where do we go from here?...

One thing we do know for sure is that the resort has been sold. We also know that the new owners will take control on Tuesday or Wednesday this week [January 5 or 6]. As with you we are all waiting to see what will happen over the next months and even years. We will say though, we are looking forward to the possible changes coming ahead.”

• GLEN EDEN (TEMESCAL VALLEY)

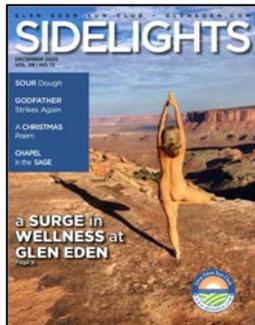


Godfather Strikes Again

The Lady in Red, Men in Black, Godfather Dinner Show was a success. There were 80 guests for the outdoor event. We purchased a 20’ movie screen so that everyone could see the Godfather film at the proper social distance.

Decorated, gift laden tables in red greeted guests dressed for the theme. Pete D. brought home the role of the godfather himself, flanked by his bodyguards Jerilu M. and Debra G. Len and Sue R. won the costume contest dressed to the hilt. We were waiting for Sue to break into the Charleston.

The night was a wee bit cool so many guests brought blankets to keep warm as the movie went for three hours.



Glen Eden has changed its monthly Sidelights newsletter into a magazine format. The news editor says she is expanding the content to include many more feature articles about the club and its members.

It is worth reading! Contact the club to be put onto the emailing list.

- **NORTHERN CA EXPOSURE / RIVER DIPPERS (SACRAMENTO)**

All events through at least January remain cancelled. Once we have a firm date when social activities are again the norm, we will let you know when we will hold these events.

- **LAGUNA DEL SOL (WILTON, NEAR SACRAMENTO)**

Due to county COVID-19 restrictions, there are no January events on their web calendar page. Visitors are still welcome. The restaurant is open Friday, Saturday, Sunday for takeout only, with a limited menu.

Stay up to date with the club's weekly email newsletter. Sign up for it on the club web page.

- **LUPIN LODGE (LOS GATOS, NEAR SAN JOSE)**

This is a friendly reminder that COVID-19 is still very much a threat to our livelihood. We have been very lucky at Lupin and are continuing to keep safety at the forefront of our mission. Please remember to wear your mask and maintain a 6-foot social distance from anyone not in your immediate family or pod. We need everyone to adhere to these guidelines to provide a safe space to gather.

Christmas at Lupin was a truly nourishing time. We started on Christmas day with chef Michelle filling hearts and stomachs with her wonderful food. On Sunday Michael offered his Qigong class. David T gave it that special Christmas feeling by bringing a bit of caroling to our residents and thank you so much for that treat.

If you still are interested in listening to "Insight Out - the Naked Truth" with Errol and Rochelle you can catch their shows on line at www.thelaughingheart.org. It is a fun way to spend some time at home.

The hot tub is open on the weekends with 55-minute-long sign-up slots! First come, first serve. Please maintain social distancing and only soak with your pod.

Near Years at Lupin was open to nonmembers. Dinner and champagne toast! Masks required, and all activities were held outside. New Year's Day saw 11 am Yoga and Mimosas, at Noon was Bird Show with Kenny the Falconer!

Happy Birthday to Sherry H!

Calendar: Fri Jan 8 Movie Night (Hairspray); Jan 9: Hula Hoop Workshop 3 pm, Jan 16: Book Club; Jan 29: Full Moon Ceremony. Yoga every Saturday at 11 am.

- **OLYMPIAN CLUB (RIVERSIDE)**

The Olympian Club held a Zoom Happy Hour on December 12 with a Christmas theme. Members are asked to provide their own appetizers and beverages. For more club info, contact: olympianclub@aol.com

- **SEQUOIANS (EAST BAY)**

Sequoians is the San Francisco Bay area's membership-based destination for nude recreation. Their open season is April through October. For members, most facilities are closed by order of the County of Alameda, including the rec hall, hot tub and cooking facilities. The hiking trails are open as are several sunning areas.

For more information, email: sequoians@gmail.com or phone: 510-582-0194.

- **OLIVE DELL RANCH (COLTON)**

On January 1 we held our annual Polar Bare Plunge into our swimming pool, which had its heat turned off. (See story on page one).

Visit Olive Dell Ranch's Facebook page for the most recent information about our events. You must maintain proper social distancing from other guests at all times. Masks are optional but recommended.

- **SCNA (LOS ANGELES)**

On Sunday, December 13 we held our traditional Holiday Party and White Elephant Gift Exchange. This year it was held online with 15 members joining us from noon until about 3 pm.

Those who wanted to participate were asked to send in a picture of their unwrapped gift. Nine members sent in pics of their gifts which were randomly assigned numbers and posted in a secret template designed for this game.



These participants names were also added to an online wheel pictured above. When spun, the wheel randomly chose who got to pick a present. Whoever's turn it was, got to pick a numbered wrapped present pictured on the screen above. Once a number was picked, that number came up on the screen with the picture of the present.

SCNA hosted an online game party December 5 with over 30 participants ZOOM-ing in from all over the United State and Canada. These monthly game days are becoming very popular!

Paralleling these events will be the monthly Men's Only Nude Yoga classes in Canoga Park as well as Co-Ed Nude Yoga classes that take place online. We continue to host two online monthly Meetup dinners for the greater LA area and Ventura/Carpinteria.

COLORADO

• MOUNTAIN AIR RANCH (DENVER)

No visitors, not even guests of members will be allowed on the property. Site-holders and full members may be on the grounds at your own risk. The office is only open by appointment.

Due to the uncertain nature of event planning during the pandemic there will not be an official calendar of events published in the newsletter until event planning returns to normal. Event information is available on the MAR website and there is event information contained in the periodic emails sent by MAR management.

In November, members voted on a referendum whether MAR should provide and support a sound system poolside, with easy listening music. The proposal failed by a vote of Yes 89 to No 138.

Member Entry to Mountain Air Ranch is Now Touch-LESS!

The park's gate code system keypads have been upgraded to be touchless! The new keypads incorporate the use of Radio Frequency Identification (RFID) into their functions so the gate will automatically open as you approach.

If you prefer using the existing Numerical Touch Keypad-by-hand entry, you may continue to do so as this option will still exist.

[Something for our other gated clubs to consider?]

NEW MEXICO

• ROADRUNNER NATURIST CLUB (ALBUQUERQUE)

Roadrunners have canceled all of their events for the month of January due to state and county COVID-19 restrictions. Email us at:

RoadRunnerNaturists@hotmail.com

NEVADA

• LAS VEGAS BARES

Email for event information to nakedinvegas@yahoo.com

• LAS VEGAS NATURISTS

Email for event information at: actionnude@gmail.com

• NORTHERN NEVADA NATURISTS (LAKE TAHOE)

Because there have been a large number of active COVID-19 cases in the Reno area this month, and because outside temperatures are hovering around 30 degrees, the Northern Nevada Naturists club is quiet for January.

"We did finally launch a new web page at <https://nannaturist.org>. Hope to announce some activities soon."

• TAHOE AREA NATURISTS

TAN reports people have stopped visiting both Sand Harbor and Zephyr Cove because the weather has turned cold and there is now snow on the ground around the lake.

UTAH

• SUNS (ST. GEORGE)



SUNS Club Contest Reveals New Logo

During the Fall, the Southern Utah Naturist Society (SUNS) held a design contest to select a new logo. Out of 10 logo contest submissions, the judges found this one (above) to be the overall favorite. We are very happy to use this image because it is reminiscent of the iconic red hills and bluffs that surround the Southern Utah area as well as the sunshine that we enjoy soaking up year-round, naturally. We would love to share the beautiful views of these hills with you when you visit us in St. George.

New SUNS President Takes Over

Because of increased demands on his time, Bob has decided to step down from managing the group and I will be taking over his responsibilities.

Bob and I have similar hopes and ideas for the group, and I have been working closely with him since last Summer. I am actively working on ideas for more varied activities that fit into the groups' interests, based on the survey completed last Fall.

Along with this change, please note that our email address has changed to: SUNS.StGeorge@gmail.com

Please put this new address into your contact list so our emails will not go into your SPAM folder. Bob will keep the SunsHome2019@gmail.com email address for his personal use.

Arlene Carroll
714-350-6410

• WASATCH (SALT LAKE CITY)

With the recent COVID-19 spike in Utah, our in-person events are still on hold. We have developed a popular online blog for your stories and comments at:

<https://wasatchnaturists.com/blog>

For more information, email the club at: wasatchnaturists@gmail.com.

HAWAII

Many of the quarantine mandates in the state are slowly being lifted, but still there are no planned activity this month in any of the clubs or beaches.